

Sweden 2025



Get to Know Sweden

A Scandinavian country known for its beautiful nature and safety

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Basic Facts about Sweden



Capital City

Stockholm, a picturesque capital city surrounded by water and greenery.



Official Language

Swedish, a language rich in history and culture.



Population

Approximately 10 million inhabitants.



Currency

Swedish krona (SEK), the country's official currency.



King

Sweden has a king named Carl XVI Gustaf.



Nature and Weather



Forests

Cover the majority of the territory and create a unique landscape



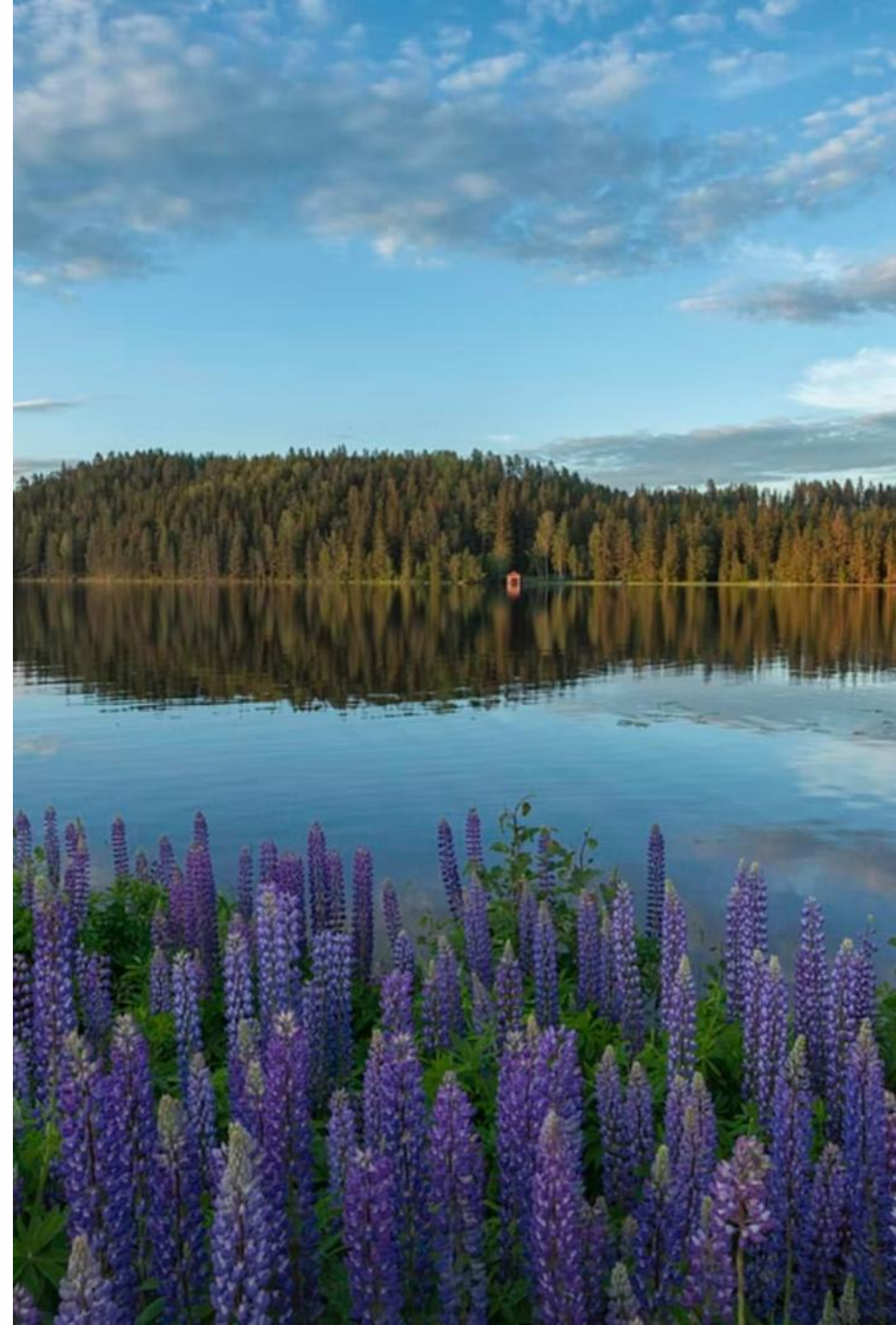
Lakes

Sweden is home to more than 100,000 lakes which add charm to the scenery



Weather

Winters are cold and snowy, while summers are mild and pleasant



Culture and Traditions



Midsummer

Traditional celebration of the summer solstice full of dancing, singing, and flower wreaths.



Swedish Meatballs

A popular national dish found in homes and restaurants throughout the country.



Smörgåsbord

Traditional Swedish buffet with a wide selection of dishes, including fish, cheese, and cold appetizers.



IKEA

World-renowned Swedish brand known for its practical and stylish furniture.



Swedish Wildlife

Typical Animals



European Moose

The largest European mammal, abundant in forests and wetlands.



Scandinavian Deer

An elegant and strong deer species, common in forests and meadows.



Eurasian Lynx

A shy and nocturnal predator inhabiting remote forest areas.



Brown Bear

A formidable and majestic predator, a symbol of Swedish wilderness.



Interesting Facts about Sweden



Safe Country

Sweden boasts a very low crime rate, making it one of the safest countries to live in and visit.



High Quality of Life

Residents have access to high-quality and free education and healthcare, contributing to an excellent standard of living.



Modern Design

Minimalist, functional, and aesthetic design is a distinctive part of Swedish culture and everyday life.



Ecology

Sweden places great emphasis on environmental protection and sustainable development.



Malmö

- Malmö is the third largest city in Sweden
- It is a multicultural center with a rich history
- The city was founded in the 13th century
- Today it is connected to Copenhagen by the Öresund Bridge



Places of interest in Malmö



Turning Torso

- Iconic skyscraper
- It is a symbol of modern Malmö



Stortorget

- The largest square in Malmö, surrounded by historic buildings
- It is the center of social life.



Malmö Museum

- The largest museum in southern Sweden
- Housed in the historic Malmöhus Castle, it offers exhibitions on history, technology and nature

Things worth knowing about Malmö



Cultural diversity

- Malmö is home to more than 180 nationalities
- Famous for its rich multicultural scene



University Centre

- Malmö University is a modern and international institution
- It attracts students from all over the world.

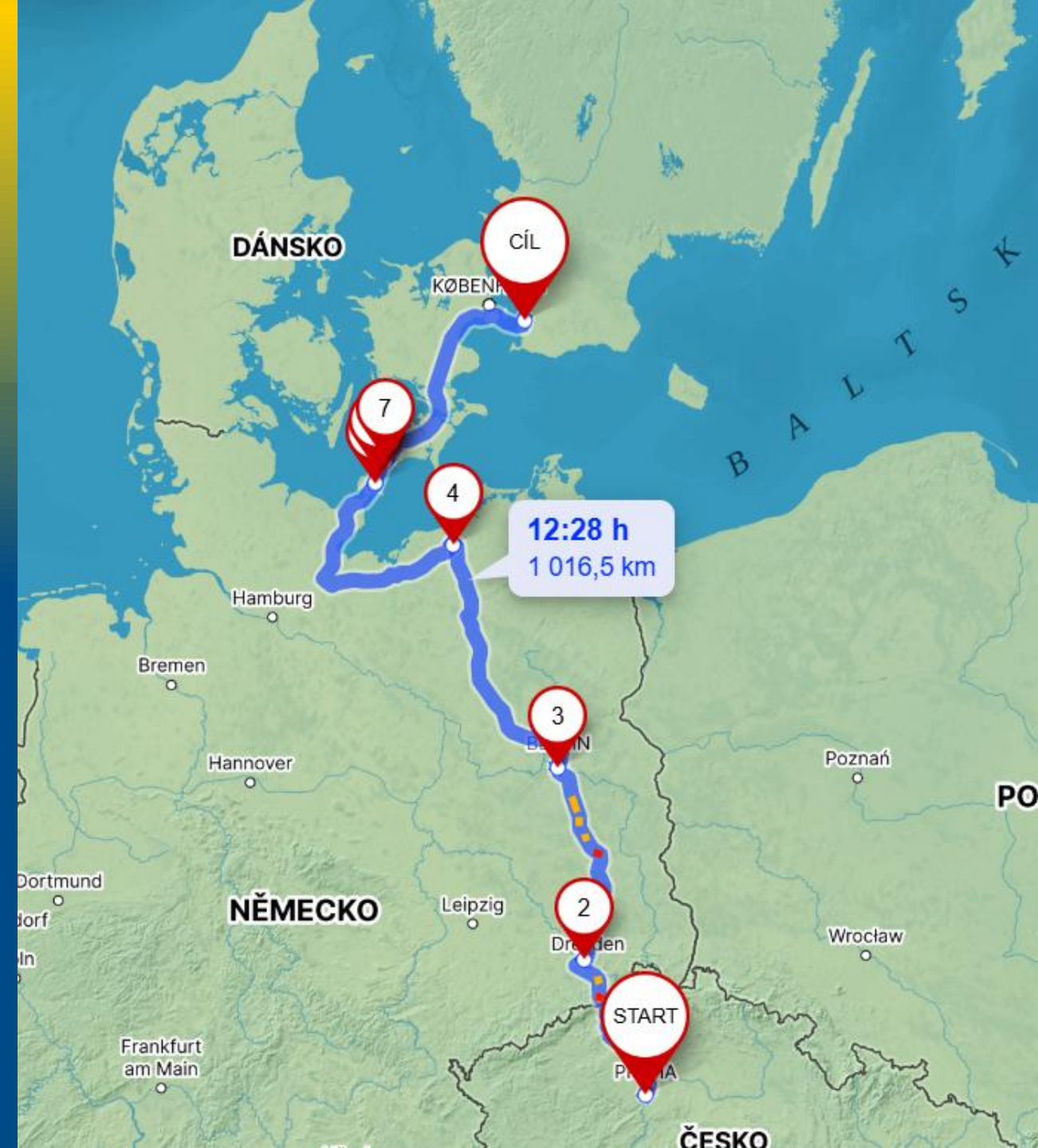


Sustainable city

- Malmö is a leader in sustainability and green technologies
- Emphasizes ecological development

Transport Information

- As the crow flies, the cities of Malmö and Prague are about 620 km apart.
- By bus and ferry, we traveled about 1000 km.



Transport

- **Trip to Malmö:**
Chotěboř → Prague
Prague → Copenhagen
Copenhagen → Malmö
- **Trip back to Chotěboř:**
Malmö → Copenhagen
Copenhagen → Prague
Prague → Chotěboř



Transport in Malmö

- We got two-week tickets for transport in Malmö.
- Most common transport: buses.
- For some, also train.
- Travel to work took each group from 5 minutes to 1 hour.

06:42 → 07:08

Malmö C, Spår: Se skylt → Landskrona station, Spår: Se skylt

Restid: 26 min

 Öresundståg 11014

07:04 → 07:34

Malmö C, Spår 4a → Landskrona station, Spår 3

Restid: 30 min

 Pågatåg Express 1990

Transport in Malmö



- Most common transport: buses.
- For some, trains.
- To find connections: Skånetrafiken.



Housing in Malmö

Filip Štarha
Michael Mádr

Where did we stay?

- Bydleli jsme v Forenom Aparthotel nedaleko stanice Malmö C
- The sea was about a 15-minute walk away



Where did we meet?

- Every evening we had a meeting in the lobby
- Here we could play pool and watch hockey



Restaurant

- The restaurant where we had breakfast and dinner was about a 5–10 minute walk away
- The only downside was the same breakfast every day



Jídlo

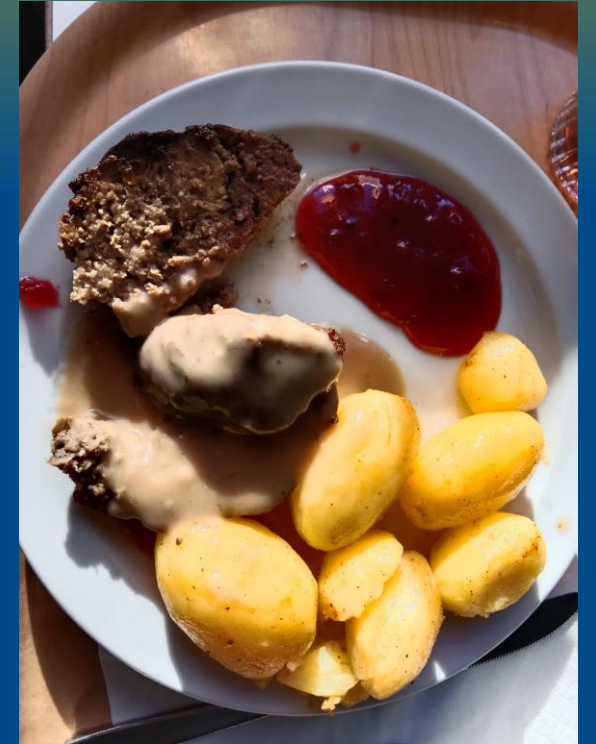
Michael Mádr
Eliška Fichtnerová

Breakfast

- We went to the restaurant Kolga for breakfast.
- There was quite a wide selection, everyone found something they liked.
- We also took food from this restaurant for lunch.



Dinner





MMB Redovisnings & Skattekonsult

Michael Mádr
Kristián Lakatoš

Where were we?

- A company that provides tax consulting.
- This company also deals with invoicing and bookkeeping.

What did we do?

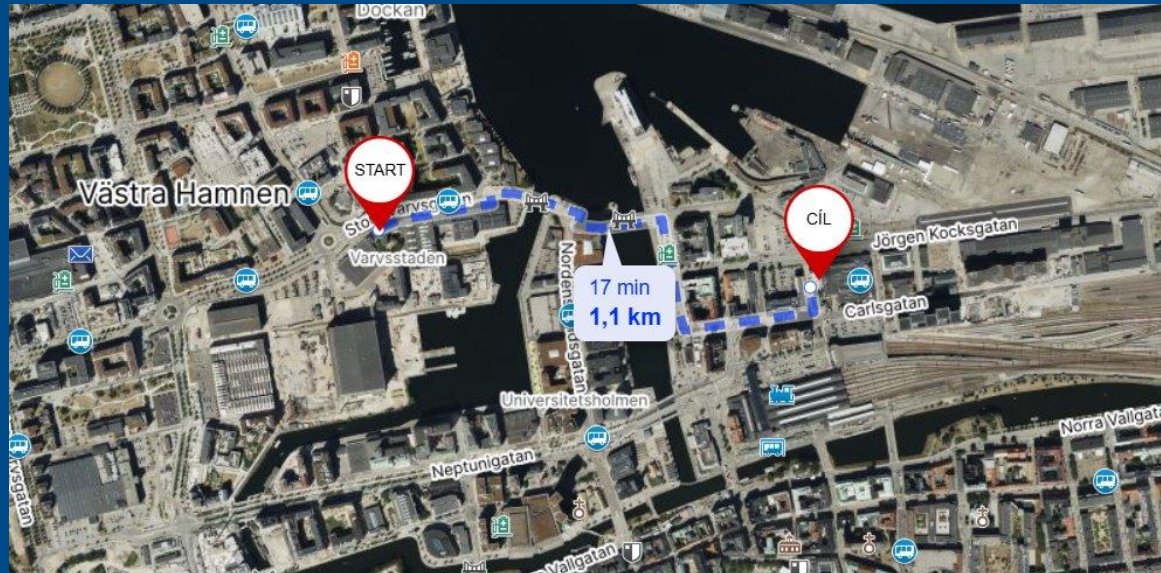
- Sorting invoices by date
- Submitting taxes
- Translating calculations into another language

How did we travel?

- We mostly traveled by bus
- We also walked
- Sometimes we rented electric scooters

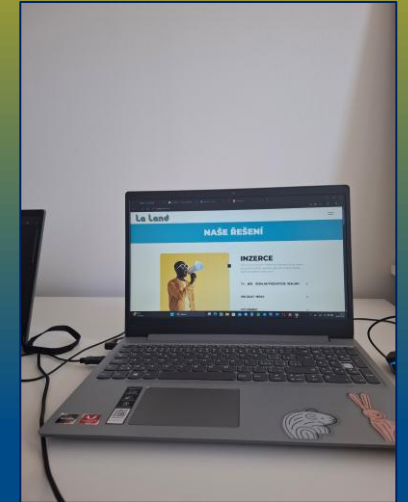
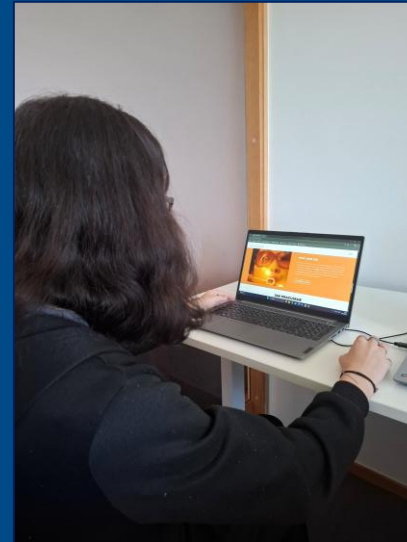
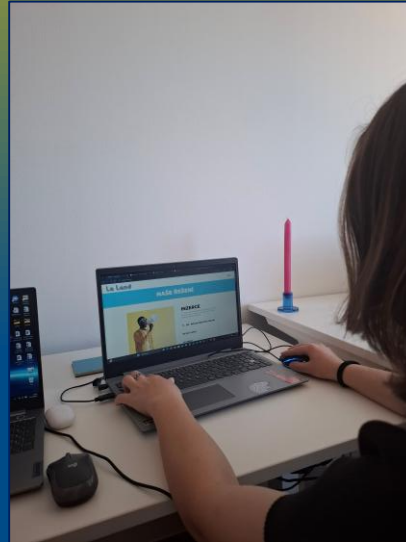
La land La Land

- La Land AB is a creative production and advertising agency based in Malmö, Sweden, founded in 2023.
- The company focuses on providing comprehensive communication services, including advertising, digital content, video production, and event organization.
- La Land AB emphasizes innovative approaches and collaboration with talented individuals from various cultural and professional backgrounds.



Our Work

- **Naše práce**
 - Presentations
 - Invoices
 - Work in Excel
 - Meeting preparation



Hexcraft AB

- A startup company based in Malmö
- Marketing, promotion
- Program – Eventulator



Facilities

- Shared space for several dozen startup companies



Our Work

- Creating databases
- Sorting interviews
- Final presentation
- Attending a conference



ICMS Marine Service AB

- A small Polish company founded in 2015
- Headquartered in the more distant town of Landskrona
- Activity:
 - Electrical installations and repairs in the maritime and industrial sectors
 - General engine repairs, production of electrical switchboards
 - Service, repairs, and maintenance



Our Work at the Company:

- Dismantling old lamps from ships
- Inventory of cables
- Removing unnecessary cables from electrical installations
- Assisting work





P.C.Svarvning

Location & Journey



Week 1

First Half



- The spindle takes the tools directly
- Brother operating system (similar to MikroProg)
- Tool magazine for 14 tools
- The oldest CNC in the company

Week 1

Second Half



- Automated use of the infrasound sensor
- Heidenhain operating system
- Tool magazine for 20 tools
- The most common CNC in the company

Week 2

First Half



brother®



Week 2

Second Half



My Conclusion

- Great team
- Ideal company size
- Quite good transport

Leisure Activities

Walk around Malmö

- On the second day after our arrival, we went for a walk with a guide to get to know the city and its history.



Leisure Activities

Barbecue night

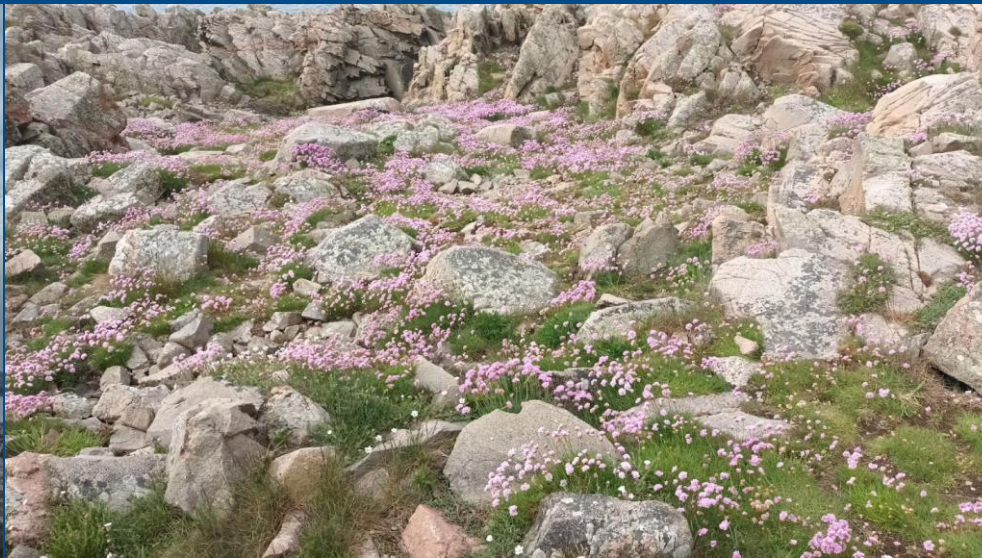
- On Wednesday, we had a barbecue where we could make hot dogs with various sauces and fried onions.
- We also roasted marshmallows.



Leisure Activities

Trip to the Cliffs

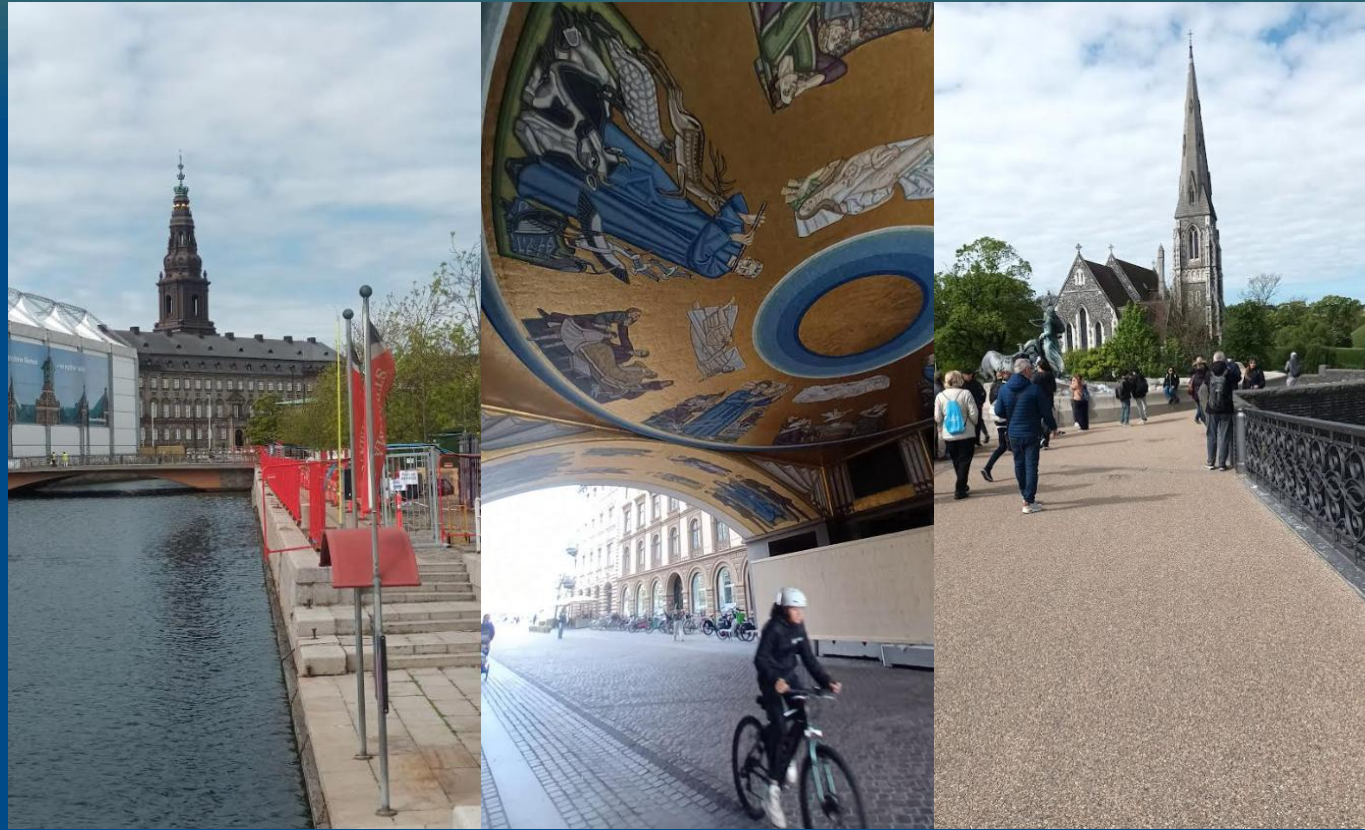
- On Saturday after breakfast, we took a bus to the Kullabergs Naturum cliffs.
- After the walk, we got back on the bus and went to the city of Helsingborg for a meal.



Leisure Activities

Trip to Copenhagen

- We went to Copenhagen by train.
- Where a guide gave us a short tour of the city.
- Then we had about 4 hours of free time.



Leisure Activities

Boat Ride

- On Wednesday, we went on a boat ride through the canals of Malmö.



Leisure Activities

Museum Visit

- On Thursday, the day before our departure, we visited two museums in Malmö.

